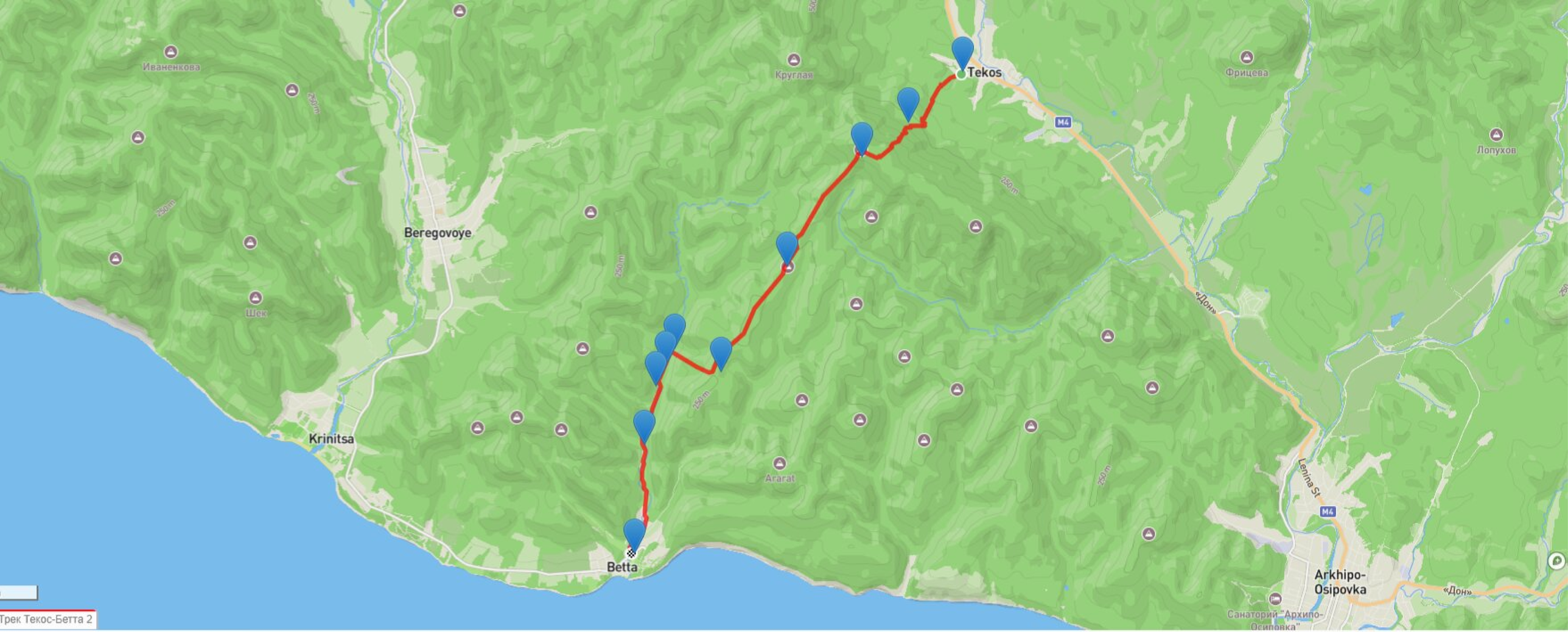

10.95 km	^ 454m v 519m
Distance	Elevation
3.0 km/h	3h06
Speed	Moving time
Distance units	Velocity units
Metric	Speed